

RAC Meeting Minutes Region 4 January 12, 2011

**Region 4 RAC Meeting 1 12 11 – Ada County Sheriff's Office Day Reporting Center meeting room, Boise**

Chris Bowers, Melanie Curtis, Micheal Dickson, Suzette Driscoll, LaDessa Foster Vern Garrett, Georgia Girvan, Dennis Hardziej, Dori Healey, Amy Jeppesen, Sandy Jones, Greg Munson, Robin Nelson, Darren Richman, Hillary Roethlisberger, Kathy Skippen, Laura Thomas, and Tom Wilson.

Meeting called to order at 10 a.m.

Minutes from the November meeting were approved.

Greg Munson from Benchmark gave a brief update on Prevention contractors in Region 4. Services are nearly fully contracted, however, there is no longer a provider in Mountain Home and Glens Ferry. Those two areas will be goals for the next program year to add back into the region's services.

Kathy Skippen from DHW central office gave an update on the current year budget, ATR grant progress, SUD services and expectations for the legislative session at this time. The current budget year spending is over budget for the time of year, however it is less than the overspend rate of last year. It is hoped that the rate will slow and/or be managed so that we enter the next fiscal year (which starts July 1) with much less carry over debt. We started this year \$5 million in debt; we hope to end with about \$2 million in carry over debt. The net result will mean more of the 2012 budget will be available for services during that fiscal year.

The Single Point of Entry Contact (SPOEC) and Local Accountability Group (LAG) process is being developed for implementation first in ATR and then will expand to other populations serviced. Kerry Hong will be the misdemeanor SPOEC and Ryan Porter will be the non criminal justice SPOEC for Non-Criminal Justice client populations. The LAGs will be local groups with investment in the population and help make decisions on who should stay in treatment using clinical review information along with budget guidance.

Access to Recovery (ATR) is fully staffed and we successfully met the December deadline to be up and functional; our first client's GRPA data was entered and fully accepted on December 27, 2010.

One change in service funding that will be implemented soon is that Family and Community Services (FACS) clients, primarily child protection cases, will be moved to Temporary Assistance for Needy Families (TANF) funding. This will allow for 90 days of SUDS service from this funding source and does allow for other services (coordinated by the H&W navigators) not covered by SUDS budget. Diverting this client population to alternative funding for 90 days of their treatment will help address the overspend of SUD funds. The target date for implementation is January 31, 2011.

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Regarding the current legislative session, the Governor is expected to issue an executive order to establish the framework recommended in the Transformation Workgroup report. Senator Stegner is reportedly following the Behavioral Health Transformation Work Group developments and will sponsor whatever legislation may be needed to make the changes needed in Idaho Code to move forward on the workgroup recommendations. There is not expected to be funding for changes during this session. It is expected that the legislation that established ICSA will be allowed to sunset. As with all items before the Legislature, we will know the final outcome at the end of the session. Regarding budget, the budget presented by the Governor's office is fairly constant for treatment funding and there are no rumors of cuts at this time.

Suzette Driscoll from BPA provided an update; she echoed Kathy's complements to the providers for helping to work through the rapid timeline for getting ATR launched. BPA is focusing on evaluating the pilot project to determine what revisions and changes are required prior to roll out to the rest of the misdemeanor referral sources. BPA is partnering with the stakeholder group to hold additional referral source trainings with a target date of February for full roll out to the misdemeanant referral source. Suzette announced the upcoming provider GPRA trainings and encouraged providers to register individuals in their agencies to attend.

Providers were reminded the 100% of the intake GPRA data must be entered and correct and then sent to SAIS (federal agency) within seven (7) business days in order for a voucher to be issued. This is a federal requirement. The GPRA must be completed first and please have them processed the same day if possible and by the 3<sup>rd</sup> day at the latest to allow for the process to work within the 7 day time limit.

Providers are advised to work closely with the referral sources for ATR. If a client doesn't show for an appointment, contact the referral source (probation officer) so that everyone is aware of the situation.

Suzette also mentioned that the per the ATR grant requirements, the state has to have an 80% response rate for clients after discharge. Providers are encouraged to set up systems now for maintaining contact with clients so that this post discharge contact is achievable.

Kathy emphasized the important of data in the ATR grant. If we can show the state has considerable savings with the services, then we are in a stronger position to pursue funding when the grant period is over four years from now.

ICSA is having BPA finalize a new expenditure report form that will provide information based on funding source and populations served. It is hoped this tool will help improve budget management and even out funding rather than have providers experience dramatic swings.

Hillary Roethlisberger from Genesis World Mission (GWM) presented findings from the recent survey completed by GWM in partnership with the Leadership Nursing class at Boise State University. The data collected in Garden City is available to anyone working on grant applications in this area. A complete copy of the PowerPoint report is posted to the RAC 4 Website under the Misc Documents Banner. Some topline findings from the study are:

Garden City appeared to have:

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higher than national average poverty rates;

lower than national average unemployment rates (data may change with next census release) which indicates more working poor, people with 2-3 jobs;

The top rated health concerns were:

- 1) Chronic Care – such as hypertension, asthma and diabetes care
- 2) Mental Health and Substance Use Disorder services/treatment
- 3) Social services
- 4) Prevention services, health insurance access

The next group of leadership nursing students will take these findings and move forward.

RAC Chair Update – Darren reported that a legislator has been selected by the RAC chairs and the awards event is scheduled for February 16 at 4 pm in the garden level auditorium, Senate Wing of the Capitol building. Darren reminded RAC 4 members that those in the Boise area have the easiest option of attending important legislative committee events in person; other RACs are best able to make their presence known via email, phone and mail. AACT Idaho is keeping members updated weekly on important developments. Vern Garrett asked Laura to forward an email from AACT on the upcoming budget reports to the RAC.

Regional Director and Projects Update – Laura Thomas reported Ross Mason could not attend the meeting due to a schedule conflict and all items he had for an update have already been covered. He's meeting with the director of H&W this week and will learn more about potential budget approaches; nothing to report at this time.

Regional projects include two opportunities to partner with Elmore and Valley County law enforcement and community groups to establish permanent Rx drug drop boxes. Laura asked the RAC to budget up to \$250 for each county to assist with these projects, which was approved. Laura also relayed that Kuna's Coalition is having an Idaho Drug Free Youth presentation and hopes to establish a chapter at Kuna High School after the March event. A request for \$200 for chapter funding for Kuna High IDFY was tentatively approved pending the outcome of the event and necessary written request. Laura encouraged all RAC 4 members to plan to attend the Patricia Kempthorne Award Ceremony on Wednesday, February 16 at 4 pm and to encourage others, including legislators, to attend.

LaDessa Foster announced she is now with Idaho Coalition Against Sexual & Domestic Violence. She's excited to be working on their new mental health grant and children's network grant. She's be working at a state level to expand the CARES program and provide out reach to rural communities.

Melanie Curtis from Supportive Housing and Innovative Partnerships shared that their NCCR trainings have started. These carpentry skill courses have expanded to include a session offered for refugee/limited English speakers; this session will be spaced over more time to allow for a pace to accommodate language differences. They are still working with the chronic homeless through grants and reminded everyone of the homeless Point in Time survey that is scheduled for January 26, 2011 (counting the homeless on that evening).

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Chris Bower introduced himself to the group. He's a BSU student and is active in prevention programs as part of his personal recovery journey. He's available to give talks to interested groups. He attends the Region 3 meetings and was encouraged to continue attending Region 4 meetings. Welcome Chris!

Georgia Girvan announced that RADAR is 20 years old and will be having an open house to celebrate, on February 9, 2011 from 11 am to 4:30 pm – please RSVP by phone 426-3471 or e-mail [radar3@boisestate.edu](mailto:radar3@boisestate.edu). On January 4<sup>th</sup> RADAR will be part of BSU's day at the statehouse, so come by the 4<sup>th</sup> floor rotunda. Watch for the final ICADD conference program to be released soon, <http://www.attendicadd.com/>

Amy Jeppesen from Recovery 4 Life reported they are starting co-occurring groups later today – an exciting development.

Dennis Hardziej from Community Services Counseling and Amy Jeppesen both shared that transportation services are now available to clients through S&R Transport. Dennis indicated BPA funded client can access S&R and submit their transportation voucher. Dennis announced that IDOC is conducting MRT training January 24-27, 2011 in the Boise area. The contact for more information is Sonda Ceri-Magic, 658-2192.

Tom Wilson of Tom Wilson Counseling recently received his certification as a Prevention Specialist. He is interested in exploring new opportunities and partnerships. One area of interest is underage drinking prevention.

Sandy Jones was thanked for arranging the meeting space and coffee/cookies. She reported that things the same at ACSO.

Vern Garrett encouraged everyone to become members of AACT Idaho; AACT Idaho will keep information flowing during the session.

Laura Thomas encouraged anyone going to McCall Winter Carnival to consider supporting the Polar Plunge fund raiser on January 29, 2011. Funds support youth programs in Valley county. See the RAC webpage for more information.

Darren Richman reported that Ascent's work with the new Drug Court in Elmore County is continuing.

A providers meeting will be scheduled for February. Providers will also meet at 9 am prior to the start of the next full RAC meeting on March 9, 2011. Meeting adjourned at 12:00 noon.

Region 4 RAC Meeting  
DRAFT AGENDA 1/12/11  
**DRAFT AGENDA 1/12/11**

LOCATION NEW Meeting Location –

Ada County Sheriff's Office Day Reporting Classroom, 7200 Barrister  
(See directions below agenda)

NO Provider Subcommittee in January; 10:00 a.m. to noon full RAC meeting

- \*10:00 a.m. (approximately) Approval of Agenda and Minutes of November 10, 2010 RAC Meeting, Darren Richman, Region IV RAC Chair
- \*10:05 a.m. Updates on Substance Abuse issues and legislative session from Central Office Staff and Office of Drug Policy staff
- \* 10:30 a.m. RAC Chair Update, Darren Richman
- \* 10:45 a.m. Regional Director Update, Ross Mason
- \* 10:50 a.m. Updates on Regional Projects, Laura Thomas CRDS
- \* 11:00 a.m. Program Update – Substance Abuse and Mental Health Finding from Garden City Study
- \* 11:10 a.m. to noon Networking Updates

**2011 Meeting Location\*\***

Directions to meeting place, 7200 Barrister – actual building number for Day Reporting Room is 7180

From Westgate:

Take Fairview east to Cole. Turn right on Cole, left on Barrister.

If anyone is coming from the freeway, get off at Franklin as though you are going to the mall, but turn right on Franklin, left on Cole, right on Barrister.

The Day Reporting Center is located at Entrance #4 at the Barrister campus. It is the entrance as you follow the sidewalk to the east toward Intermountain Hospital, and the south side of the building where we have met for previous RAC meetings in 2010.

Look for a **RAC Meeting Here** sign on the door. Just inside that door to the left is the room we will use.



# Elmore Medical Center

P.O. Box 1270 - 895 North 6th East - Mountain Home, Idaho 83647  
(208) 587-8401 Fax (208) 580-2683

January 12, 2011

RAC Region 4  
Idaho Department of Health & Welfare  
1720 Westgate Drive  
Boise, Idaho 83704

To Whom It May Concern:

Re: Permanent drug dropoff box in Mountain Home

On behalf of the Elmore Medical Center *Center for Community Health*, I support the proposal for a tentative partnership between Elmore Medical Center, RAC Region 4, and local law enforcement regarding a permanent drug dropoff box container in Mountain Home.

Elmore County Sheriffs Department and Mountain Home Police Department are discussing this matter. If either law enforcement office is willing to house and maintain the drug dropoff box for public use, we will commit \$300 to assist in paying for the drug dropoff box and its delivery.

We support the proposal for Region 4 RAC to partner with us and contribute \$250 towards this valuable asset. Together, our contributions can cover the cost for the dropoff box hardware and installation, and provide a permanent secure location for Elmore County residents to drop off their expired or unwanted drugs.

In this partnership we would follow the process for payment including an invoice from Elmore Medical Center coupled with the invoice from the drug dropoff merchant. If approved, container invoices will be submitted to Region 4 RAC prior to June 1, 2011.

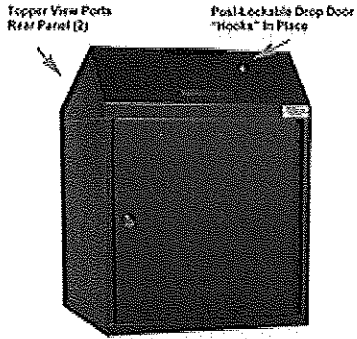
Sincerely,

Doreen Krabbenhoft  
Development Director

For more information/follow-up, please contact:  
Brad Wiersma  
Grant Writer/CCH Planner  
(208) 587-8401 x261  
wlersmab@slhs.org

Home | Drop It Off | Ship It Now | Mail Back Kits | Business Solutions | Busir

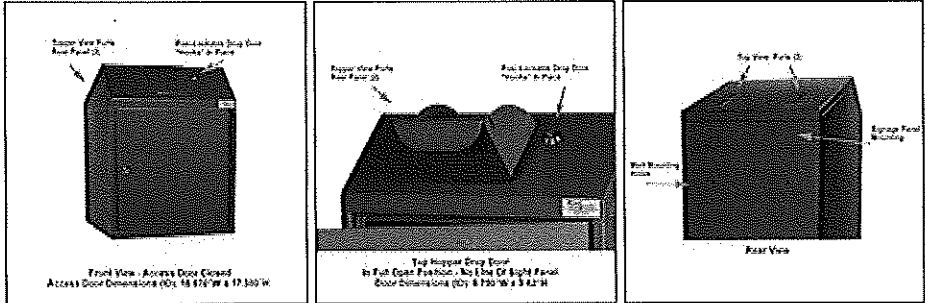
Home > Business Solutions >  
Counter Top Express, DVDC0073



Front View - Access Door Closed  
Access Door Dimensions (ID): 16.670"W x 17.350"H

LARGER PHOTO EMAIL A FRIEND

Alternative Views:



Our Price: \$425.00

Product Code: DVDC0073-SLL

Choose your options...

- Hardware Kit Option**  
: ☐ Insta Units to F \$19.95]
- Door Lock Options**  
\*: ☐ Dual \$25.00]  
☐ Dual available  
☐ Singl Included

- Supplies:** ☐ Supp 12, 14 X 1, Tape G
- ☐ Supp 24, 14 X 1, Tape G
- ☐ Supp 48, 14 X 1, Tape G

Qty:



### **Location**

Alpine Village Plaza

### **Date**

Saturday, January 29, 2011

### **Registration**

10:30am – 1:30pm

### **Event Time**

1:30 – 3:00pm - Youth/Schools

3:15pm – 4:30pm - Individuals and Team Challenges





## Purpose

### Garden City Community Needs Assessment

The purpose of the project is to assess the health needs of the Garden City community in order to provide data that will help inform and direct the development of the GCCC.



## Overview of Garden City

- 4.2 square mile incorporated city in Idaho
- Estimated population of 11,891
  - 12.7% of individuals below poverty level (2000)
    - National level at 11.3% in 2000 (14.3% in 2009)
  - 3.5% unemployment rate (2000)
    - National unemployment rate 4% in 2000 (currently 9.8%)
- Falls within a Medically Underserved Area
  - Part of city designated as Medically Underserved Population



## Methods

- Identified key stakeholders for participation in data collection
- Utilized a self-designed assessment questionnaire
- Narrative data analyzed using qualitative content analysis
- Themes and sub-themes identified

# Participants

- Key Stakeholders (N = 55)
  - Patients (n = 21)
  - Residents (n = 10)
  - Providers (n = 8)
  - Affiliates of GCCC (n = 6)
  - Government (n = 5)
  - Faith-based organizations (n = 4)
  - Schools (n = 1)



# Findings

*What kind of health care needs do you see in your life and those you know?*

- Medical needs: [Top 5 conditions listed]
  - Dental
  - Diabetes
  - Hypertension
  - Asthma
  - Pain/acute injuries
- Mental health & substance abuse
- Social services, home health, and outpatient care
- Preventative care/education
- Lack of insurance/underinsured



# Findings

*How do you think these needs can be addressed?*

- Increased access to care
- Expanded social services, home health, and outpatient care
  - Care for the aging population
  - Financial support
  - Prescription assistance
  - For underinsured
- Expanded acute medical services
- Partnerships
- Expanded mental health services
- Increased preventative care/education



# Findings

*What are things that get in the way of you or those you know from accessing the services they need to improve their health?*

- Limited access
- Financial hardship
- Lack of insurance/underinsured
- Lack of awareness
- Embarrassed to access
- No time to get care/busy



# Findings

*What are the things you worry about the most? (What are the biggest stressors in your life?)*

- Unemployment/financial hardships
- Underemployed: employed but low paying and/or lack of benefits



# Findings

*How do you think healthcare reform will impact Garden City?*

- Negative Impacts
  - Increase in patient anxiety/stress
  - Financial Hardship (individuals and businesses)
  - May have lack of providers who will take insurance
  - Some patients will remain uninsured
- Don't know/confused
- Positive Impacts
  - Increased support for preventative medicine services, health education, and social services
  - May make good health care more accessible/affordable and provide more mid-level providers



# Findings

*What are Garden City's greatest assets in promoting good health?*

- Non-profit Organizations
  - GCCC
  - Boys & Girls club
  - Library
  - Churches
  - Food Bank
- Outdoor Recreation
  - Green Belt
  - Fairgrounds
- Community Organizing/Community Networking



# Project Summary

- Findings consistent with national perspective:
  - GCCC will need support to keep pace with the increasing demand for their services
  - Participants concerned over economic downturn and impact on healthcare
    - Garden City increasing "working poor" population
    - Population at risk for further financial hardship
  - Availability and affordability of medications



# Acknowledgments

We would like to extend our gratitude to the following individuals and groups for their assistance and support. Without them, this project would never have been possible.

- Boise State University*
- Chief James Bensley of the Garden City Police Department*
- Garden City Boys & Girls Club*
- Garden City Community Clinic Donors*
- Garden City Community Library*
- Garden City Community School*
- Genesis World Mission/Garden City Community Clinic*
- Idaho State Office of Rural Health and Primary Care*
- Pam Beaumont Garden City Council Member*
- Patients at Garden City Community Clinic*
- Residents of Garden City*
- Mayor John Evans of Garden City and Elizabeth Connor*
- St. Alphonsus Health System*
- St. Luke's Health System*
- United Way*
- The Vineyard & other local religious organizations*

